**LECTURE – DEMONSTRATION**

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**“ THE DANCE STUDIO WITH THE**

**SOUND OF CASTANETS”**

Our idea and our project provides a normal lesson in classical ballet with the distinction of being not accompanied by classical piano, but rather by the sound of new (for classical ballet ) little percussion instrument : **CASTANETS.** Our idea was born from a past project where it was highlighted the link between mathematics (school subject) and castanets, from here, as even the Dance, especially the Classical Dance, like mathematics, is a science exact and rigorous, the idea of wanting to create something new and then to accompany the dance lessons with a new tool, precisely the castanets; considering also that the castanets are a tool already used in some major classical works, even of the classical repertoire: "CARMEN", "DON QUIXOTE"**.**

The aims of this new way to accompany the ballet lesson being the castanets a percussion instrument and indeterminate pitch but strongly rhythmic, new to the ballet lesson, it will be easier for them to follow the timed exercises and therefore more exercise musicality . Another peculiarity of castanets is that they are a tool of small dimensions, it then its transport is facilitated ..... so every occasion become good and useful to perform a classical ballet lesson.

The Dance class is made up of a sequence of several exercises, like any traditional Classical Dance Class,each class will be adapted to the age and the preparation of students, so we will have:

* BASIC EXERCISES TO THE PRAPARATORY STUDENTS ( 5/9 YEARS OLD)
* BAR,CENTER,POINT EXERCISES TO THE ACADEMIC COURSES ( 10/18 YEARS OLD )

**VARIOUS EXAMPLES OF EXERCISES OF LESSONS:**

**- CAPE EXERCISE :** on the rhythm of the music from the ballet “CARMEN” Bizet

**- EXERCISE OF ARMS**: on the rhythm of the music from the ballet “COPPELIA” Léo Delibes

**- FOOT EXERCISES:** on the rhythm of the music from the ballet “SYLVIA” Léo Delibes

**- LEGS EXERCISE:** on the rhythm of the music from the ballet “ROMEO AND JULIET” Prokofiev

**- OPENING EXERCISE:** dance of the angels from the ballet “NUTCRACKER” Tchaikivsky

**- SMALL CHOREOGRAFHIC COMPOSITION:** on the rhythm of the music from the ballet “SYLVIA” Léo Delibes

**- BAR EXERCISE:** chinese dance from the ballet “NUTCRACKER” Tchaikovsky

**- CENTER EXERCISE ADAGIO:** from the ballet “SLEEPING BEAUTY” Tchaikovsky

**- JUMPS EXERCISES:** Russian dance from the ballet “NUTCRACKER” Tchaikovsky